

### **Course length: 2 Day Programme**

This programme is designed to improve morale, commitment and productivity at an individual level which in turn will ultimately translate into happier customers and better results for the organisation as a whole. It focuses on developing employees through coaching and mentoring – making them accountable for achieving their goals by guiding rather than telling.

RTC is not just a training company – we are home to a range of business support programmes. Sign up for Nurture: Coaching and Mentoring for the opportunity to find out what help is available in your area and grow your network by meeting our team of advisors.

## **Programme outline:**

### Day 1 - Introduction to Coaching and **Mentoring:**

- Principles of coaching and mentoring
- Coaching and mentoring skills
- Impact of coaching on individual, team and organisational performance

### Day 2 – Communicating with the Team:

- Implementing Coaching and mentoring
- Reviewing progress and giving feedback

#### Cost:

This course is fully funded for eligible individuals/businesses in Northumberland, Tyne & Wear and County Durham. Registration through Eventbrite will act as an expression of interest, following which a member of our team will contact you to confirm your place and discuss the full eligibility criteria, including relevant terms and conditions.

#### **Achievement:**

Following attendance at all sessions and successful completion of assignments, delegates will achieve a Level 3 Certificate in Coaching and Mentoring accredited by the Chartered Management Institute (CMI).

# Training at RTC

People are the lifeblood of any organisation. At RTC, we recognise the importance of the human dimension in the innovation process and aim to inspire people, raise skills and encourage positive attitudes towards new technology and business.

For an informal conversation with our team, please get in touch:

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